

ABCs of the Synergy of CBD, THC and HYP - SCHEDULE:

8:30-9:00am	Registration and Breakfast
9:00-9:15	Welcome and Introductions
9:15-10:15	Paul Jerard - Addressing the science and evidence behind the medicinal use of cannabinoid and a briefing on the rules surrounding the Vermont Marijuana Registry.
10:15-10:45	Linda Thomson - Video: "Psychobiology of the Endocannabinoid System and Hypnosis"
10:45-11:00	<i>Break</i>
11:00-11:45	Jessilyn Dolan - <i>Conscious Cannabis</i> : organic growing practices and the importance of consumer safety.
11:45-12:30	Maureen Turner – Usefulness of hypnosis for treating pain, anxiety and sleep issues and the synergy with CBD/THC to enhance effectiveness. Participation in hypnosis demonstration (optional).
12:30-1:30	<i>Lunch</i>
1:30 -1:45	Cherie Troyen - Short film clip from historic comedy film, "Reefer Madness," inventing craziness caused by using marijuana... and brief discussion.
1:45- 2:45	Panel Discussion - Bringing Together the <i>ABCs of the Synergy of CBD, THC and HYP</i> Panel Moderator: Cherie Troyen. Panelists: Paul Jerard, Jessilyn Dolan, Maureen Turner, 2 Lay persons providing information on their actual own experiences with CBD, THC, and hypnosis.
2:45-3:15	Maureen Turner - Teaching & demonstrating the Turner Self Hypnosis Technique© (participation optional).
3:15-3:30	<i>Break</i>
3:30-3:45	Cherie Troyen – Taming the "What If" fantasies - innovative hypnotic strategies and techniques to help control worries and "runaway fears."
3:45-4:45pm	Case Examples/Experiential Applications to Practice